



## **ACKNOWLEDGEMENT OF RISK / HOLD HARMLESS AGREEMENT / HELMET WAIVER**

**Acknowledgement of Risk** \_\_\_\_\_ Parent/Guardian Initials

We give \_\_\_\_\_ permission to participate in Watersprings School athletics, realizing that such activities involve the potential for injury which is inherent in all sports. We acknowledge that even with the best coaching, use of protective equipment, and strict observance of rules; injuries are still a possibility. Injuries can include, but are not limited to, head trauma, damage to joints, muscles, bones, connective tissues, and on rare occasions, brain damage, paralysis, or death.

We the undersigned understand the dangers of practicing, playing, and participating in sports. We also recognize the importance of following the instructions given by coaching staff regarding playing techniques, training, and obeying team rules.

**Agreement to Hold Harmless** \_\_\_\_\_ Parent/Guardian Initial

In consideration of Watersprings School permitting my child to participate in school sponsored athletics, I hereby agree to hold Watersprings School, collectively and individually, its employees, agents representatives, medical personnel, coaches, and volunteers, including managers and trainers, harmless from any liability, actions, causes of actions, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with participation of my child in any activities related to Watersprings School Athletic teams. The terms hereof shall serve as a release and assumption of risk for my heirs estate, executor, administrator, assignees, and for all members of my family.

**Helmet Waiver** (Football Only) \_\_\_\_\_ Parent/Guardians Initials

Not at any time does a member of Watersprings School coaching staff teach or encourage our student-athletes to use their head to make contact or deliver a blow. We do teach our student-athletes to keep their heads up and eyes open in order to see the target they intend to tackle or block. When contact is expected, we instruct our student-athletes to slide the helmet to the side of the opponent. Under no circumstances should any Watersprings School Football player ever drive his helmet into an opponent.

They are instructed to keep their head up. Do not butt, ram, spear, or strike an opponent with any part of this helmet. This is a violation of football rules and may cause you to suffer severe brain or neck injuries, including paralysis or death and possible injury to the opponent.

Athlete's Signature \_\_\_\_\_

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_